



Make your Time Count

If you live in the Inverleith area (Blackhall, Drylaw, Inverleith, Stockbridge, Ravelston and Warriston), the Inverleith Time Bank might be for you.

Trade your time and skills with others in your community.

Local community organisations e.g. churches, youth groups can benefit from being involved in time banking. Please contact us to find out more.



CHILDREN AND FAMILIES


Community Learning & Development

We want to give you a new kind of money



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a new kind of money

Inverleith Time Bank



**Turn spare time
into shared time**



More Information about the Inverleith Time Bank

What is a Time Bank?

A time bank is a new and exciting way for people to come together to help others and help themselves at the same time. Participants “deposit” their time in the bank by giving practical help and support to others. “Withdrawing” their time when they need something done themselves.

What does Time Banking involve?

People helping each other out through a variety of different ways.

Some examples include; DIY, shopping, childcare, help with trips to the doctors and teaching/learning new skills.

The Inverleith Time Bank

For every hour you spend helping out members of your community you earn - one time credit

Everyone’s time and talents are valued equally - You give an hour and you get back an hour

You may have needs but feel that you could offer nothing back - Get in touch. We can still help

Your Time Credits will be banked on a computer “time bank” to spend when you need them

You don’t have to earn Time Credits before you spend them - You can ask for help from day one

You can donate some of your Time Credits to others who might need some extra help

Time Credits are flexible - You help when you can – you do not have to commit yourself to specific days or times

There is no cash involved –The only cost is your time

Getting Started

Contact us to arrange an initial meeting to find out what the Inverleith Time Bank has to offer you.

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